# **Coach Pitch Guidelines**

## 1. 7 Pitches

- a. Max number of pitches a child may receive
  - i. Automatically out after 7 even is the child never swings
    - 1. If three strikes occur before 7<sup>th</sup> pitch the child is out

Note: If you or the other team has a child with special needs or a child who has never played before – it is up to the managers to come to an arrangement for the child to receive extra pitches before the game starts.

## 2. Inning Rules

- a. 5 runs or 3 outs
- b. 6<sup>th</sup> Inning
  - i. Home team losing can score as many runs as they can until 3 outs or win
  - ii. Home team winning game over after visitors side out

## 3. Baseballs

- a. Regular baseballs only T-Balls are not to be used
- b. If you have a player on the younger end (6) who is not ready for this level of play please discuss with the parents first before discussing with the Director of Baseball/Softball

#### 4. No Stealing/Leading Off

a. Stealing and Leading Off are not permitted at this age level

## 5. <u>Bunting</u>

- a. Not to be done in games
- b. Suggest working on during practice
- 6. <u>Sliding</u>
  - a. Make sure to practice
- 7. Number of Players on the field
  - a. The minimum number you can play with on the field is 8

- b. Maximum number permitted on the field is 10
- 8. No continuous batting
  - a. Other leagues permit continuous batting but LVLL does not
  - b. If playing at another leagues field check with the other teams manager regarding home rules for this level
- 9. Each child must play (more than 10 players on the team)
  - a. Each child must play at least 2 innings
- 10. Score Keeping
  - a. Each team must keep score using a manual score book
- 11. Fielding Rules (General)
  - a. Ground ball through infield is a single
  - b. Pop fly uncaught to the outfield is a double
  - c. Pop fly to the fence is a triple
  - d. Over the fence is a home run

Note: When playing at another leagues field, always discuss their field rules before starting the game.

## 12. Overall Areas to work on

- a. Concept of Outs
- b. Catching
- c. Throwing (aiming)
- d. Fielding (i.e. where to throw the ball, pop up's)
- e. Hitting
- f. Basic position coverage

## 13. Areas to work on more with 8 year olds

- a. Bases
  - i. Sliding
    - 1. When to slide
    - 2. Looking for direction from coach (i.e. advancing to 3<sup>rd</sup> base)
  - ii. Pop up's
    - 1. Leading so far to see if the ball is caught

- iii. Signs
  - 1. Looking for signals from Coaches
- b. Field
  - i. Pop up's
  - ii. Cut off
  - iii. Outfield to second always, unless runner is advancing to third or home
- c. Batting
  - i. Bunts practice only